

Welcome ...

Welcome to the Thomas Moore Health Clinic and thank you for choosing our clinic for health services. We provide health care services to soldiers and family members of the 13th Corps Support Command, 1st Cavalry Division, and separate brigades.

The clinic is on 58th Street and 761st Battalion Avenue across from the Military Police Station on Fort Hood.

TRICARE, Military Health Plan ...

TRICARE, the military's health plan, is the source of health care for all military beneficiaries. It is free for active duty personnel and their families.

Active duty personnel are enrolled in TRICARE Prime when they first process in at Fort Hood. Family members enroll or transfer enrollment in TRICARE Prime upon arrival at Fort Hood.

For family members who choose to enroll in TRICARE Prime, comprehensive care is available from Darnall Army Community Hospital and its system of health clinics. Visit the TRICARE Service Center across from Darnall Hospital to enroll in TRICARE Prime or to transfer your enrollment from your last installation.

When you enroll in Prime or transfer your current Prime enrollment, your primary care provider is identified by name. The Patient Appointment Service (288-8888) will always attempt to give you an appointment with your provider. When your provider is deployed or otherwise unavailable, your appointments will generally be with a member of your provider's team.

Generally, families (both active duty and family members) receive health care at the same clinic unless the active-duty member's unit is assigned to a separate Troop Medical Clinic (generally, aviation units).

Although you have access to the best health care in the world, there are some important restrictions. Please be sure to read your TRICARE information given to you at the TRICARE Service Center. It provides you with important information about your

responsibilities when you seek health care from sources other than military facilities and your responsibilities when you are away from Fort Hood and need health care.

Hours ...

Active Duty Sick Call

Mon., Tues., Wed. & Fri. 6:30 - 8 a.m.
Thursday 12:30 - 2 p.m.

Active Duty Appointments

Mon., Tues., Wed., Fri. 7 a.m. - 4 p.m.
Thursday 1 - 4 p.m.

Family Member & Retiree Appointments

Monday - Friday 8 a.m. - 6 p.m.
Weekends & Holidays Closed

Active Duty Sick Call is for acute or urgent illnesses. For urgent issues after Sick Call, please walk into the clinic for triage evaluation.

On weekends and holidays, call for appointments (254) 288-8888, from 7 a.m. to noon, and go to the Weekend Acute Care Clinic located in the Family Care Clinic at Darnall Hospital. The Weekend Acute Care Clinic is open for appointments for family members from 8 a.m. - 5 p.m. and sick call for active duty from 8 - 9 a.m.

Active-duty pregnancy sick call is at the Women's Health Center, Darnall Army Community Hospital. OB sick call sign-in is 7:30 - 8 a.m., Monday, Tuesday, Wednesday, Friday, and from 9 - 9:30 a.m. on Thursday. Please get a Sick Slip (DD Form 689) from your unit. After duty hours/weekends: Go to Darnall Hospital's Emergency Center.

Active Duty Physicals ...

Schedule Part I of the retirement, ETS, or military school physical at the Thomas Moore Health Clinic. Walk-in during duty hours to pick-up the information sheet and schedule the physical.

Schedule Part I of a flight physical through your Troop Medical Clinic.

All other physicals, including the medical board

physical, must be scheduled by the Soldier Medical Readiness Center at the Thomas Moore Clinic.

Active Duty Immunizations ...

Active duty service members get their immunizations at the Soldier Medical Readiness Center inside the Thomas Moore Health Clinic. Check with your primary care provider if you have questions about immunizations.

Women's Health ...

Primary care providers at the Thomas Moore Health Clinic have routine appointments for pap smears, mammograms, gynecological problems, and contraceptive counseling. Call Patient Appointments, 288-8888, or make an appointment online. Women who intend to become pregnant should take prenatal vitamins before becoming pregnant to reduce the risk of birth defects. Prenatal vitamins are available at any Family Care Clinic or Troop Medical Clinic. Most pregnant women (active duty and family members) are cared for at Darnall Army Community Hospital's Women's Health Center or the Darnall Family Care Clinic. If you have a positive home pregnancy test or a positive lab pregnancy test, call the Women's Health Center, 254-286-7780, to start your pregnancy care.

Pregnancy tests are done on a walk-in basis from 8 a.m. - 4 p.m. in the Thomas Moore Health Clinic.

Well Baby & Child Exams ...

Pediatric care for children from birth to 18 years of age is available from your child's primary care provider. Children receive a comprehensive examination and immunizations during well child visits. Bring medical records and all shot records to the appointment. Call (254) 288-8888 for an appointment or make an appointment online at www.hood-meddac.army.mil.

For childhood immunizations, call the Patient Appointment System, (254) 288-8888, to make a Well Baby appointment.

School & Sports Physicals ...

School and sports physicals are available by scheduling a childhood physical appointment with your primary care provider. Please bring all necessary school forms with the medical records and shot records. We will also offer school physicals during the summer. Watch the news and Darnall's web site for information about school and sports physicals.

Allergy & Immunizations ...

The Allergy and Immunization Clinic is a full service clinic for active duty and family members identified with different allergies. The clinic performs tests and therapy for hay fever, asthma, hives, drug allergies, and travel immunizations by referral from your doctor.

TB Tine tests are done on a walk-in basis on Mondays, Wednesdays and Fridays. The results can be read 48-72 hours later on a walk-in basis.

Clinic Hours

Mon., Tues., Wed., & Fri. 7 a.m. - 4 p.m.
Thursday 8:30 a.m. - 5:30 p.m.

Allergy/Immunization Clinic Walk-in Hours

Mon., Wed., & Fri. 1 - 4 p.m.

Allergy Immunotherapy Hours

Monday 7 - 11:30 a.m.
Tuesday 1 - 4 p.m.
Wednesday 7:30 a.m. - 1 p.m.
Thursday 9:30 a.m. - 5:30 p.m.

Laboratory Services ...

Basic laboratory services are available at the Thomas Moore Health Clinic. Some special tests are shipped to Darnall Army Community Hospital's laboratory for completion or processing.

Thomas Moore Health Clinic Laboratory Hours

Monday - Friday 7 a.m. - 5:30 p.m.

Behavioral & Mental Health ...

Clinic staff members provide mental health care services to soldiers of the 13th Corps Support Command and III Corps separate units. Services are also available to all eligible family members and retirees within the community.

Services include sick call, command-directed evaluations, neuro-psychology testing, psychotherapy, group therapy, biofeedback, drill sergeant assessment, and recruiter assessment. Call 285-6347/6299 for more information.

Hours

Monday - Friday7:30 a.m. - 4 p.m.
Emergency walk-ins

Sick Call Walk-in Hours

Monday - Wednesday7:30 - 10:30 a.m.

Non-emergency walk-ins and others, by appointment only.

Optometry Services ...

Active-duty III Corps and 13th COSCOM soldiers are seen for comprehensive eye examinations by appointment only. Urgent walk-in patients on referral from a primary care provider are examined on a same-day basis. Army issue glasses, Frame of Choice, and optical inserts are available to order with a current prescription or after an exam in the clinic. Readiness means having two pairs of Army glasses and inserts - do not wait until it's deployment time.

Pharmacy Services ...

The pharmacy is located in the lobby of the Thomas Moore Health Clinic and has an extensive inventory of medications. A current military identification card is required to fill all prescriptions for individuals 10 years and older. Refills must be called in to the phone-in Refill Pharmacy and picked up at the Main Hospital. Handwritten prescriptions must be filled at the PX/Rx Pharmacy at the main Post

Exchange on Clear Creek Road.

Thomas Moore Health Clinic Pharmacy Hours

Monday - Friday6:30 a.m. - 6 p.m.

Radiology Services ...

The clinic offers basic radiology services. Special tests to include mammograms, CT, MRI, Bone Mineral Density and Ultrasound are done at Darnall Army Community Hospital's Radiology Department.

Thomas Moore Health Clinic Radiology Hours

Monday - Friday7 a.m. - 6 p.m.

Preventive Medicine ...

The Community Health Nurse (CHN) conducts surveillance, evaluation, treatment and follow-ups for tuberculosis patients.

The Communicable Disease Service (CDS) performs services for all referred patients with sexually transmitted diseases, including HIV.

Hours.....7 a.m. - 4 p.m.

Referral Services ...

Patients who need specialty appointments are referred to Darnall Army Community Hospital, Brooke Army Medical Center, and local health care providers. Referrals are electronically transmitted to the TRICARE Service Center. Health Care Finders call or notify patients by mail of scheduled referral appointments. To inquire about your referral, call 254-288-8023 or 254-286-7747/7748/7749.

Self-Care Classes ...

Through the Self-Care Program, you can attend a class and receive a card that allows you to get free, limited quantities of over-the-counter medications at Darnall's pharmacies. Just attend one class that

includes: The concept of self-care; common conditions that can be treated at home; managing over-the-counter medications; and recognizing symptoms that need emergency medical treatment. To enroll, call the Patient Appointment Service, (254) 288-8888.

Soldier Medical Readiness ...

The Soldier Medical Readiness Center is located in the back of Thomas Moore Health Clinic on 58th Street. The SMRC provides physical examinations and annual unit medical reviews. Units may call 285-6234/6232 for more information regarding annual unit medical reviews. Vaccinations are also available at the SMRC for individual soldiers on PCS or TDY orders.

Units undergoing Soldier Readiness Processing for deployments, redeployments, or demobilization should contact the III Corps JMOC to schedule the medical portion. SRPs are conducted by appointment in building 18000 (behind the Soldier Service Center).

Medical inprocessing for newly arrived Fort Hood soldiers is performed at the Soldier Service Center, building 18010.

Soldier Medical Readiness Center Hours:

Monday - Friday7 a.m. - 4 p.m.

Important Phone Numbers ...

Allergy Clinic.....285-6335
Appointments288-8888
Behavioral Health Service285-6347
Cancel Appointments288-7777
Communicable Disease Service.....285-6351
Domestic Violence Help287-5653
Health Benefits Advisor1-254-288-8155
Moore Health Clinic287-5939/6046
Moore Health Clinic Pharmacy285-6349
Refill Pharmacy.....288-8911/8912
Soldier Medical Readiness Center.....285-6232



Public Affairs Office
Darnall Army Community Hospital
Fort Hood, Texas 76544-4752
www.hood-meddac.army.mil
FH MDA HO 542
1 August 2003

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